

Food Storage “Seed”

Contents: Oxygen Absorbers packed in Hope*

Oxygen absorbers help to protect food against insects and to preserve freshness.

Keep this jar sealed, except when removing absorber packets.

Directions:

Use glass canning jars or PETE plastic bottles with screw-on lids, up to 1gallon capacity.

Clean and dry bottles.

Place an oxygen absorber in each bottle.

Fill bottles with dry food.

Wipe top sealing edge clean.

Screw lids on tight. Tape lids to prevent loosening.

Store in a cool, dry place, away from sunlight.

*From this “Seed,” may your food storage grow.

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Instructions for preparing PETE bottle, food storage starter kits in groups of 4 each: (Each starter kit has 1 pint jar of absorbers, 1 sample PETE bottle of food, and 2 handouts.)

1. Obtain a bag of oxygen absorber packets from your Welfare Services Home Storage Center. Bags contain 100 packets each.
2. Place a copy of the above label in each of 4 glass pint canning jars. Fill each jar with 24 absorber packets. Place new lids on jars and firmly screw down bands.
3. Use the 4 remaining absorbers to prepare sample PETE bottles of dry food. Welfare Services Soup Mix or locally purchased 9 Bean Soup Mix are good sample products.
4. Include in each kit copies of the handout pages “Dry-Pack Food Storage Using PETE Containers” and “Approved Dry Pack Products” provided by Welfare Services.
5. These starter kits can be used as gifts to help friends, neighbors, and relatives follow the counsel to “have some food set aside that would sustain us . . . in case of need.”